

**PECO Cross Country League 2025-26: Race 3 (West Park / Beckett Park)**  
**Senior Men's Results**

| Position | Race No. | Surname      | First Name | Club                            | Age Category | Time    | Cat Pos | 2nd Claim | Guest |
|----------|----------|--------------|------------|---------------------------------|--------------|---------|---------|-----------|-------|
| 1        | 3731     | Garbutt      | Dan        | St Therasas AC                  | M35          | 0:22:41 | 1       | Y         |       |
| 2        | 3120     | Ravenhall    | George     | Airecentre Pacers               | MSEN         | 0:23:11 | 1       |           |       |
| 3        | 3052     | Roden        | Freddie    | Abbey Runners                   | MSEN         | 0:23:33 | 2       |           |       |
| 4        | 3115     | Humphries    | Andrew     | Airecentre Pacers               | M35          | 0:23:44 | 2       |           |       |
| 5        | 4271     | Norris       | Jake       | Leeds City AC                   | MSEN         | 0:23:47 | 3       |           | Y     |
| 6        | 4052     | Lomas        | Adam       | Hyde Park Harriers              | M35          | 0:24:00 | 3       |           |       |
| 7        | 3939     | Carter       | Dom        | York Postal Harriers            | MSEN         | 0:24:30 | 4       |           |       |
| 8        | 3828     | Grant        | Daniel     | Valley Striders AC              | M35          | 0:24:31 | 4       |           |       |
| 9        | 3328     | Douglas      | Benjamin   | Hyde Park Harriers              | M35          | 0:24:40 | 5       |           |       |
| 10       | 3374     | Townson      | Sam        | Hyde Park Harriers              | MSEN         | 0:24:59 | 5       |           |       |
| 11       | 3350     | Keating      | Reuben     | Hyde Park Harriers              | MSEN         | 0:25:02 | 6       |           |       |
| 12       | 3915     | Miller       | Chris      | Wharfedale Harriers             | M40          | 0:25:04 | 1       |           |       |
| 13       | 3820     | Evans        | Daniel     | Valley Striders AC              | MSEN         | 0:25:07 | 7       |           |       |
| 14       | 4298     | Davey        | Tom        | City of York AC                 | MSEN         | 0:25:20 | 8       |           | Y     |
| 15       | 3220     | Mitchell     | Thomas     | Harrogate Harriers & AC         | MSEN         | 0:25:31 | 9       |           |       |
| 16       | 3269     | Casey        | Dominic    | Horsforth Harriers              | MSEN         | 0:25:39 | 10      |           |       |
| 17       | 3718     | Cryer        | Tom        | St Therasas AC                  | MSEN         | 0:25:42 | 11      |           |       |
| 18       | 3438     | Llewellyn    | Ryan       | Kirkstall Harriers              | MSEN         | 0:25:43 | 12      |           |       |
| 19       | 3372     | Sykes        | Richard    | Hyde Park Harriers              | M40          | 0:25:46 | 2       |           |       |
| 20       | 3028     | Jones        | Simon      | Abbey Runners                   | MSEN         | 0:25:50 | 13      |           |       |
| 21       | 3784     | Bromley      | Harry      | Vale of York Athletic Community | MSEN         | 0:25:55 | 14      |           |       |
| 22       | 3923     | Shearer      | Craig      | Wharfedale Harriers             | M35          | 0:25:55 | 6       | Y         |       |
| 23       | 3266     | Boynnton     | Philip     | Horsforth Harriers              | M35          | 0:26:00 | 7       |           |       |
| 24       | 3859     | Vogel        | Joost      | Valley Striders AC              | M35          | 0:26:03 | 8       |           |       |
| 25       | 3722     | Davey        | Thomas     | St Therasas AC                  | MSEN         | 0:26:04 | 15      |           |       |
| 26       | 3026     | Hutchison    | Ross       | Abbey Runners                   | M40          | 0:26:05 | 3       |           |       |
| 27       | 3022     | Harris       | Simon      | Abbey Runners                   | M40          | 0:26:07 | 4       |           |       |
| 28       | 3815     | Cheseldine   | Edward     | Valley Striders AC              | MSEN         | 0:26:19 | 16      |           |       |
| 29       | 4261     | Blackwood    | Douglas    | Hyde Park Harriers              | MSEN         | 0:26:21 | 17      |           |       |
| 30       | 3315     | Bradley      | Alex       | Hyde Park Harriers              | MSEN         | 0:26:22 | 18      |           |       |
| 31       | 4064     | Moore        | Gawain     | Ilkley Harriers                 | M45          | 0:26:23 | 1       |           |       |
| 32       | 3467     | Ireland      | James      | Knaresborough Striders          | M40          | 0:26:25 | 5       |           |       |
| 33       | 3663     | Egan         | Jake       | Saltaire Striders               | MSEN         | 0:26:27 | 19      |           |       |
| 34       | 3346     | Johnstone    | Lucas      | Hyde Park Harriers              | MSEN         | 0:26:37 | 20      |           |       |
| 35       | 3911     | Holmes       | Christian  | Wharfedale Harriers             | M50          | 0:26:38 | 1       |           |       |
| 36       | 3382     | Brook-Dobson | Harry      | Ilkley Harriers                 | MSEN         | 0:26:40 | 21      |           |       |
| 37       | 3439     | Lyall        | Andrew     | Kirkstall Harriers              | MSEN         | 0:26:40 | 22      |           |       |
| 38       | 4220     | Dumbell      | Adam       | Valley Striders AC              | MSEN         | 0:26:41 | 23      |           |       |
| 39       | 4057     | Spain        | Jonathan   | Hyde Park Harriers              | M35          | 0:26:42 | 9       |           |       |
| 40       | 3488     | Bryer        | Josh       | Nidd Valley Road Runners        | MSEN         | 0:26:43 | 24      |           |       |
| 41       | 3023     | Holmes       | Matthew    | Abbey Runners                   | M45          | 0:26:55 | 2       |           |       |
| 42       | 3664     | Fillingham   | Martin     | Saltaire Striders               | M50          | 0:26:57 | 2       |           |       |
| 43       | 4291     | Armstrong    | Alex       | Harrogate Harriers & AC         | MSEN         | 0:26:58 | 25      | Y         | Y     |
| 44       | 4010     | Billingham   | Jake       | Chapel Allerton Runners         | MSEN         | 0:26:59 | 26      |           |       |
| 45       | 3934     | Stipetic     | Adrian     | York Knavesmire Harriers        | M40          | 0:27:00 | 6       |           |       |
| 46       | 3073     | Applebee     | Dan        | Ackworth Road Runners           | MSEN         | 0:27:01 | 27      |           |       |
| 47       | 3311     | Bergin       | Ciaran     | Hyde Park Harriers              | MSEN         | 0:27:03 | 28      |           |       |
| 48       | 3165     | Harrold      | Brian      | Chapel Allerton Runners         | M40          | 0:27:05 | 7       |           |       |
| 49       | 3752     | Morrison     | Cairn      | St Therasas AC                  | M45          | 0:27:07 | 3       |           |       |

|     |      |               |               |                          |      |         |    |   |   |
|-----|------|---------------|---------------|--------------------------|------|---------|----|---|---|
| 50  | 4241 | Shinn         | Oscar         | Ilkley Harriers          | MSEN | 0:27:08 | 29 |   |   |
| 51  | 3672 | Kerr          | Will          | Saltaire Striders        | M45  | 0:27:09 | 4  |   |   |
| 52  | 3597 | Cliffe        | Mark          | Rothwell Harriers & AC   | MSEN | 0:27:13 | 30 |   |   |
| 53  | 3177 | Mortimer      | Charlie       | Chapel Allerton Runners  | M45  | 0:27:14 | 5  |   |   |
| 54  | 3486 | Aylesbury     | Caleb         | Nidd Valley Road Runners | MSEN | 0:27:21 | 31 |   |   |
| 55  | 3144 | Anderton      | Tom           | Chapel Allerton Runners  | MSEN | 0:27:26 | 32 |   |   |
| 56  | 4273 | Smith         | Chris         | Otley AC                 | M45  | 0:27:32 | 6  |   |   |
| 57  | 3936 | Boynton       | Alex          | York Postal Harriers     | M35  | 0:27:34 | 10 |   |   |
| 58  | 3175 | Lawrence      | Simon         | Chapel Allerton Runners  | MSEN | 0:27:37 | 33 |   |   |
| 59  | 3281 | Green         | Jonny         | Horsforth Harriers       | MSEN | 0:27:40 | 34 |   |   |
| 60  | 3639 | Morton        | Joseph        | Roundhay Runners         | M40  | 0:27:40 | 8  |   |   |
| 61  | 3049 | Rhule-Samuel  | Joel          | Abbey Runners            | MSEN | 0:27:42 | 35 |   |   |
| 62  | 3765 | Yong          | Chin          | St Therasas AC           | M35  | 0:27:45 | 11 |   |   |
| 63  | 3139 | Slattery      | Ian           | Bradford Airedale AC     | M40  | 0:27:46 | 9  |   |   |
| 64  | 3435 | Hardy         | Lee           | Kirkstall Harriers       | M40  | 0:27:47 | 10 |   |   |
| 65  | 3117 | Jensen        | Stefan        | Airecentre Pacers        | MSEN | 0:27:49 | 36 |   |   |
| 66  | 3902 | Akers         | Rohan         | Wharfedale Harriers      | M45  | 0:27:50 | 7  |   |   |
| 67  | 3450 | Wells         | Simon         | Kirkstall Harriers       | M35  | 0:27:51 | 12 |   |   |
| 68  | 3058 | Scott         | Steven        | Abbey Runners            | M50  | 0:28:03 | 3  |   |   |
| 69  | 4180 | Vis           | Patrick       | Chapel Allerton Runners  | MSEN | 0:28:04 | 37 |   |   |
| 70  | 3212 | Frosztega     | Richard       | Harrogate Harriers & AC  | M40  | 0:28:04 | 11 |   |   |
| 71  | 3255 | Harrison      | Tristan       | Horsforth Fellandale     | MSEN | 0:28:04 | 38 |   |   |
| 72  | 4063 | Gott          | Steven        | Ilkley Harriers          | M45  | 0:28:06 | 8  |   |   |
| 73  | 4119 | Moakler       | Ben           | Roundhay Runners         | M40  | 0:28:08 | 12 |   |   |
| 74  | 4210 | Turner        | Andy          | Roundhay Runners         | M35  | 0:28:11 | 13 |   |   |
| 75  | 3563 | Richards      | Oliver        | Otley AC                 | M40  | 0:28:13 | 13 |   |   |
| 76  | 3162 | Green         | Joseph        | Chapel Allerton Runners  | MSEN | 0:28:15 | 39 |   |   |
| 77  | 4266 | Starling      | Callum        | Hyde Park Harriers       | MSEN | 0:28:16 | 40 |   |   |
| 78  | 4252 | Clark         | Cal           | Abbey Runners            | M35  | 0:28:17 | 14 |   |   |
| 79  | 3267 | Brown         | Rhys          | Horsforth Harriers       | M35  | 0:28:19 | 15 |   |   |
| 80  | 3605 | Kitchen       | Miles         | Rothwell Harriers & AC   | MSEN | 0:28:23 | 41 |   |   |
| 81  | 3129 | Norris        | David Anthony | Bingley Harriers & AC    | M50  | 0:28:28 | 4  |   | Y |
| 82  | 3012 | Brienen       | Stef          | Abbey Runners            | MSEN | 0:28:31 | 42 |   |   |
| 83  | 3546 | Evans         | Jonathan      | Otley AC                 | MSEN | 0:28:34 | 43 |   |   |
| 84  | 3342 | Isaac         | Oliver        | Hyde Park Harriers       | M35  | 0:28:34 | 16 |   |   |
| 85  | 3645 | Rao           | Nicholas      | Roundhay Runners         | MSEN | 0:28:39 | 44 |   |   |
| 86  | 3891 | Sugden        | Luke          | Wetherby Runners AC      | M45  | 0:28:40 | 9  |   |   |
| 87  | 3357 | Malkin        | Alexander     | Hyde Park Harriers       | MSEN | 0:28:42 | 45 |   |   |
| 88  | 3829 | Grave         | Paul          | Valley Striders AC       | M50  | 0:28:43 | 5  |   |   |
| 89  | 3842 | Mann          | Gary          | Valley Striders AC       | M45  | 0:28:44 | 10 |   |   |
| 90  | 3401 | Whittlestone  | George        | Ilkley Harriers          | MSEN | 0:28:46 | 46 |   |   |
| 91  | 3479 | Fox-Bullivant | Alex          | Horsforth Harriers       | MSEN | 0:28:47 | 47 | Y |   |
| 92  | 4187 | Nicolson      | Robert        | Horsforth Harriers       | M35  | 0:28:51 | 17 |   |   |
| 93  | 3888 | Nicholls      | Angus         | Wetherby Runners AC      | MSEN | 0:28:51 | 48 |   |   |
| 94  | 4138 | Schofield     | George        | St Therasas AC           | MSEN | 0:28:51 | 49 |   |   |
| 95  | 3875 | Elwell        | Paul          | Wetherby Runners AC      | M50  | 0:28:53 | 6  |   |   |
| 96  | 4281 | Grinnell      | Andrew        | St Therasas AC           | M50  | 0:28:55 | 7  |   |   |
| 97  | 3704 | Playforth     | Dean          | Savvy Park Runrz         | M45  | 0:28:56 | 11 |   | Y |
| 98  | 3644 | Quinlan       | Paul          | Roundhay Runners         | M40  | 0:29:01 | 14 |   |   |
| 99  | 3611 | Roberts       | Tom           | Rothwell Harriers & AC   | M35  | 0:29:02 | 18 |   |   |
| 100 | 3721 | Daley         | Nick          | St Therasas AC           | MSEN | 0:29:02 | 50 |   |   |
| 101 | 4146 | Drake         | Richard       | Valley Striders AC       | M50  | 0:29:04 | 8  |   |   |
| 102 | 3007 | Avison        | Jason         | Abbey Runners            | M35  | 0:29:04 | 19 |   |   |

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| 103 | 3791 | Hillam       | Steve    | Vale of York Athletic Community | M35  | 0:29:04 | 20 |  |   |
| 104 | 3677 | Macfarlane   | Russell  | Saltaire Striders               | M40  | 0:29:06 | 15 |  |   |
| 105 | 3305 | Adkins       | Toby     | Hyde Park Harriers              | M35  | 0:29:11 | 21 |  |   |
| 106 | 3329 | Douglas      | Euan     | Hyde Park Harriers              | MSEN | 0:29:13 | 51 |  |   |
| 107 | 3905 | Charlesworth | Nicholas | Wharfedale Harriers             | M55  | 0:29:14 | 1  |  |   |
| 108 | 3669 | Jackson      | Daniel   | Saltaire Striders               | M40  | 0:29:20 | 16 |  |   |
| 109 | 4278 | Wilkinson    | Chris    | Roundhay Runners                | MSEN | 0:29:28 | 52 |  |   |
| 110 | 4257 | Fulton       | Aron     | Airecentre Pacers               | M35  | 0:29:30 | 22 |  |   |
| 111 | 3498 | Hesford      | Ian      | Nidd Valley Road Runners        | M45  | 0:29:31 | 12 |  |   |
| 112 | 4209 | Powell       | Edward   | Roundhay Runners                | M45  | 0:29:32 | 13 |  |   |
| 113 | 4250 | Barrick      | David    | Abbey Runners                   | M40  | 0:29:32 | 17 |  |   |
| 114 | 3951 | Heubeck      | Andy     | York Postal Harriers            | M35  | 0:29:33 | 23 |  |   |
| 115 | 3529 | Todd         | Andy     | Nidd Valley Road Runners        | M60  | 0:29:33 | 1  |  |   |
| 116 | 3887 | Moneypenny   | Brad     | Wetherby Runners AC             | MSEN | 0:29:38 | 53 |  |   |
| 117 | 3219 | Mahoney      | Nick     | Harrogate Harriers & AC         | MSEN | 0:29:41 | 54 |  |   |
| 118 | 3322 | Coltman      | Tom      | Hyde Park Harriers              | M35  | 0:29:45 | 24 |  |   |
| 119 | 4262 | Gallagher    | Mike     | Hyde Park Harriers              | M40  | 0:29:45 | 18 |  |   |
| 120 | 3770 | Johnson      | Glen     | Tadcaster Harriers              | M60  | 0:29:47 | 2  |  | Y |
| 121 | 4155 | Nicholls     | Marcus   | Wetherby Runners AC             | M50  | 0:29:52 | 9  |  |   |
| 122 | 3333 | Fellows      | Alasdair | Hyde Park Harriers              | MSEN | 0:29:54 | 55 |  |   |
| 123 | 4253 | Ward         | Tony     | Abbey Runners                   | M40  | 0:29:57 | 19 |  |   |
| 124 | 3530 | Townend      | Darren   | Nidd Valley Road Runners        | M50  | 0:29:58 | 10 |  |   |
| 125 | 3953 | Holmes       | Neale    | York Postal Harriers            | M35  | 0:29:59 | 25 |  |   |
| 126 | 4061 | Walker       | Tom      | Hyde Park Harriers              | M35  | 0:30:02 | 26 |  |   |
| 127 | 4048 | Hadley       | Jonny    | Hyde Park Harriers              | M35  | 0:30:05 | 27 |  |   |
| 128 | 3778 | Bennett      | Paul     | Vale of York Athletic Community | M45  | 0:30:06 | 14 |  |   |
| 129 | 3994 | Gaffey       | Richard  | Abbey Runners                   | M50  | 0:30:06 | 11 |  |   |
| 130 | 3940 | Carter       | Jim      | York Postal Harriers            | M50  | 0:30:07 | 12 |  |   |
| 131 | 3759 | Robson       | John     | St Therasas AC                  | M50  | 0:30:08 | 13 |  |   |
| 132 | 4236 | Jenkins      | Daniel   | Saltaire Striders               | M50  | 0:30:09 | 14 |  |   |
| 133 | 3745 | I'anson      | David    | St Therasas AC                  | M65  | 0:30:11 | 1  |  |   |
| 134 | 3885 | Mcmullan     | Geoff    | Wetherby Runners AC             | M45  | 0:30:12 | 15 |  |   |
| 135 | 3185 | Scrutton     | Fergus   | Chapel Allerton Runners         | M35  | 0:30:13 | 28 |  |   |
| 136 | 3430 | Al-Janabi    | Daoud    | Kirkstall Harriers              | MSEN | 0:30:18 | 56 |  |   |
| 137 | 3264 | Baines       | Andrew   | Horsforth Harriers              | M45  | 0:30:19 | 16 |  |   |
| 138 | 3969 | Everett      | Iain     | York Triathlon Club             | M45  | 0:30:20 | 17 |  |   |
| 139 | 3730 | Fuller       | Nigel    | St Therasas AC                  | M45  | 0:30:21 | 18 |  |   |
| 140 | 3521 | Rickard      | Matt     | Nidd Valley Road Runners        | M50  | 0:30:22 | 15 |  |   |
| 141 | 3433 | Coldwell     | Ben      | Kirkstall Harriers              | M35  | 0:30:22 | 29 |  |   |
| 142 | 3324 | Copley       | Paul     | Hyde Park Harriers              | M35  | 0:30:23 | 30 |  |   |
| 143 | 3256 | Heeley       | Paul     | Horsforth Fellandale            | M45  | 0:30:23 | 19 |  |   |
| 144 | 3309 | Batten       | Matthew  | Hyde Park Harriers              | MSEN | 0:30:24 | 57 |  |   |
| 145 | 4293 | Hoban        | Robert   | Rodillian Runners               | M45  | 0:30:24 | 20 |  | Y |
| 146 | 4221 | Irvine       | Richard  | Valley Striders AC              | M50  | 0:30:25 | 16 |  |   |
| 147 | 4288 | Ambler       | Phil     | Wakefield District H & AC       | M55  | 0:30:26 | 2  |  | Y |
| 148 | 3451 | Zanzottera   | Joe      | Kirkstall Harriers              | MSEN | 0:30:27 | 58 |  |   |
| 149 | 3509 | Lofthouse    | Martin   | Nidd Valley Road Runners        | M55  | 0:30:27 | 3  |  |   |
| 150 | 3797 | Martin       | Ian      | Vale of York Athletic Community | M55  | 0:30:28 | 4  |  |   |
| 151 | 3844 | Murray       | Danny    | Valley Striders AC              | M45  | 0:30:28 | 21 |  |   |
| 152 | 3396 | Overend      | Andrew   | Ilkley Harriers                 | M45  | 0:30:29 | 22 |  |   |
| 153 | 4107 | Gourley      | William  | Rothwell Harriers & AC          | M45  | 0:30:32 | 23 |  |   |
| 154 | 3296 | Perkinson    | Andrew   | Horsforth Harriers              | M50  | 0:30:34 | 17 |  |   |
| 155 | 3246 | Metcalfe     | Kevin    | Harrogate Tri Club              | M55  | 0:30:34 | 5  |  |   |

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| 156 | 3442 | O'Brien      | Alan       | Kirkstall Harriers              | M40  | 0:30:37 | 20 |   |   |
| 157 | 3089 | Lines        | Charles    | Ackworth Road Runners           | M65  | 0:30:39 | 2  |   |   |
| 158 | 3300 | Thomas       | Michael    | Horsforth Harriers              | M40  | 0:30:42 | 21 |   |   |
| 159 | 3835 | Jones        | Steven     | Valley Striders AC              | MSEN | 0:30:43 | 59 |   |   |
| 160 | 3711 | Bevan        | Scott      | St Therasas AC                  | M35  | 0:30:46 | 31 |   |   |
| 161 | 3160 | Goodwin      | Jacob      | Chapel Allerton Runners         | MSEN | 0:30:48 | 60 |   |   |
| 162 | 3662 | Dunbar       | Stuart     | Saltaire Striders               | M60  | 0:30:51 | 3  |   |   |
| 163 | 3099 | Smith        | Ryan       | Ackworth Road Runners           | M40  | 0:30:53 | 22 |   |   |
| 164 | 4290 | Ashwell      | Paul       | Otley AC                        | M45  | 0:30:54 | 24 |   | Y |
| 165 | 3268 | Casement     | Rich       | Horsforth Harriers              | M45  | 0:30:57 | 25 |   |   |
| 166 | 4211 | Carlton      | James      | Saltaire Striders               | M35  | 0:30:57 | 32 |   |   |
| 167 | 3997 | Mcguire      | Dave       | Abbey Runners                   | M55  | 0:30:58 | 6  |   |   |
| 168 | 3353 | Knighton     | Richard    | Hyde Park Harriers              | MSEN | 0:30:59 | 61 |   |   |
| 169 | 3706 | Reed         | Joe        | Skyrac AC                       | MSEN | 0:31:00 | 62 |   | Y |
| 170 | 4178 | Dix-Nagra    | Jai        | Chapel Allerton Runners         | MSEN | 0:31:01 | 63 |   |   |
| 171 | 3810 | Bandy        | Clive      | Valley Striders AC              | M45  | 0:31:01 | 26 |   |   |
| 172 | 4165 | Nodwell      | Adam       | Kirkstall Harriers              | M40  | 0:31:04 | 23 | Y |   |
| 173 | 3811 | Biddulph     | Tom        | Valley Striders AC              | MSEN | 0:31:06 | 64 |   |   |
| 174 | 3095 | Robinson     | Michael    | Ackworth Road Runners           | M35  | 0:31:07 | 33 |   |   |
| 175 | 3571 | Shamim       | Reuben     | Pudsey & Bramley AC             | MSEN | 0:31:08 | 65 |   |   |
| 176 | 4027 | Clark        | Kevin      | Harrogate Harriers & AC         | M40  | 0:31:08 | 24 |   |   |
| 177 | 4012 | Keighley     | Thomas     | Chapel Allerton Runners         | MSEN | 0:31:08 | 66 |   |   |
| 178 | 3429 | Wideman      | Wayne      | Kippax & District Harriers      | M45  | 0:31:10 | 27 |   |   |
| 179 | 3168 | Hutter       | Russell    | Chapel Allerton Runners         | M55  | 0:31:11 | 7  |   |   |
| 180 | 3682 | Parry        | Matthew    | Saltaire Striders               | MSEN | 0:31:11 | 67 |   |   |
| 181 | 3399 | Turner       | Jonathan   | Ilkley Harriers                 | M55  | 0:31:13 | 8  |   |   |
| 182 | 3618 | Ayre         | Mark       | Roundhay Runners                | M55  | 0:31:16 | 9  |   |   |
| 183 | 4173 | Slawson      | John       | Airecentre Pacers               | MSEN | 0:31:18 | 68 |   |   |
| 184 | 4251 | Boardman     | Chris      | Abbey Runners                   | M40  | 0:31:18 | 25 |   |   |
| 185 | 3516 | Newbould     | Steve      | Nidd Valley Road Runners        | M50  | 0:31:22 | 18 |   |   |
| 186 | 3385 | Hallworth    | Ben        | Ilkley Harriers                 | M45  | 0:31:25 | 28 |   |   |
| 187 | 3736 | Haines       | Andy       | St Therasas AC                  | M45  | 0:31:26 | 29 |   |   |
| 188 | 3006 | Ashworth     | Richard    | Abbey Runners                   | M50  | 0:31:28 | 19 |   |   |
| 189 | 3109 | Wigglesworth | Steven     | Ackworth Road Runners           | M60  | 0:31:28 | 4  |   |   |
| 190 | 3123 | Walker       | Richard    | Airecentre Pacers               | M50  | 0:31:36 | 20 |   |   |
| 191 | 3852 | Sanderson    | Ian        | Valley Striders AC              | M55  | 0:31:41 | 10 |   |   |
| 192 | 3823 | Fotherby     | Paul       | Valley Striders AC              | M50  | 0:31:41 | 21 |   |   |
| 193 | 4194 | Bromley      | Rob        | Kirkstall Harriers              | M45  | 0:31:42 | 30 |   |   |
| 194 | 3874 | Edmondson    | Iain       | Wetherby Runners AC             | M55  | 0:31:46 | 11 |   |   |
| 195 | 3616 | Westmoreland | Jason      | Rothwell Harriers & AC          | M55  | 0:31:46 | 12 |   |   |
| 196 | 3143 | Allison      | David      | Chapel Allerton Runners         | M55  | 0:31:48 | 13 |   |   |
| 197 | 3896 | Tilbrook     | John       | Wetherby Runners AC             | M45  | 0:31:48 | 31 |   |   |
| 198 | 3238 | Wilkinson    | Gary       | Harrogate Harriers & AC         | M50  | 0:31:50 | 22 |   |   |
| 199 | 3441 | Moger        | Adam       | Kirkstall Harriers              | M50  | 0:31:50 | 23 |   |   |
| 200 | 3490 | Carvey       | Chris      | Nidd Valley Road Runners        | M55  | 0:31:50 | 14 |   |   |
| 201 | 3941 | Carter       | Matt       | York Postal Harriers            | M45  | 0:31:54 | 32 |   |   |
| 202 | 3889 | Rodgers      | Mike       | Wetherby Runners AC             | M40  | 0:31:55 | 26 |   |   |
| 203 | 3041 | O'Donnell    | Ged        | Abbey Runners                   | M40  | 0:31:55 | 27 |   |   |
| 204 | 4202 | Easton       | Jonathan   | Nidd Valley Road Runners        | M45  | 0:31:57 | 33 |   |   |
| 205 | 3541 | Bowness      | Harry      | Otley AC                        | MSEN | 0:31:58 | 69 |   |   |
| 206 | 3788 | Grice        | John James | Vale of York Athletic Community | MSEN | 0:32:03 | 70 |   |   |
| 207 | 3899 | Tunnard      | Tim        | Wetherby Runners AC             | M55  | 0:32:04 | 15 |   |   |
| 208 | 4238 | Parker       | Karl       | Abbey Runners                   | MSEN | 0:32:05 | 71 |   |   |

|     |      |             |           |                              |      |         |    |  |   |
|-----|------|-------------|-----------|------------------------------|------|---------|----|--|---|
| 209 | 3152 | Clarkson    | Peter     | Chapel Allerton Runners      | M45  | 0:32:08 | 34 |  |   |
| 210 | 3513 | Mead        | Paul      | Nidd Valley Road Runners     | M55  | 0:32:09 | 16 |  |   |
| 211 | 3917 | Milner      | George    | Wharfedale Harriers          | MSEN | 0:32:10 | 72 |  |   |
| 212 | 3233 | Stockburn   | Paul      | Harrogate Harriers & AC      | M65  | 0:32:10 | 3  |  |   |
| 213 | 3341 | Hulson      | Olly      | Hyde Park Harriers           | M40  | 0:32:12 | 28 |  |   |
| 214 | 3075 | Ball        | Aden      | Ackworth Road Runners        | M50  | 0:32:14 | 24 |  |   |
| 215 | 4116 | Hallybone   | Will      | Roundhay Runners             | M35  | 0:32:17 | 34 |  |   |
| 216 | 4229 | Janeczek    | Michal    | York Triathlon Club          | M55  | 0:32:18 | 17 |  |   |
| 217 | 3552 | Keay        | Andrew    | Otley AC                     | M45  | 0:32:19 | 35 |  |   |
| 218 | 4121 | Sklinar     | Stu       | Roundhay Runners             | M35  | 0:32:20 | 35 |  |   |
| 219 | 4091 | Scaife      | Nigel     | Nidd Valley Road Runners     | M55  | 0:32:21 | 18 |  |   |
| 220 | 3405 | Bland       | James     | Kippax & District Harriers   | MSEN | 0:32:23 | 73 |  |   |
| 221 | 3133 | Colley      | Ashley    | Bradford Airedale AC         | M35  | 0:32:24 | 36 |  |   |
| 222 | 3163 | Greenland   | Rob       | Chapel Allerton Runners      | M50  | 0:32:25 | 25 |  |   |
| 223 | 3078 | Bennett     | Simon     | Ackworth Road Runners        | M65  | 0:32:25 | 4  |  |   |
| 224 | 4305 | Boocock     | Steven    | Horsforth Fellandale         | M60  | 0:32:28 | 5  |  |   |
| 225 | 3440 | Masey       | Jack      | Kirkstall Harriers           | M35  | 0:32:30 | 37 |  |   |
| 226 | 3106 | Wallace     | David     | Ackworth Road Runners        | M55  | 0:32:30 | 19 |  |   |
| 227 | 4073 | Weeks       | Andrew    | Kippax & District Harriers   | M45  | 0:32:32 | 36 |  |   |
| 228 | 3254 | Goodacre    | Ben       | Horsforth Fellandale         | M35  | 0:32:33 | 38 |  |   |
| 229 | 3947 | Halder      | Stephen   | York Postal Harriers         | M45  | 0:32:33 | 37 |  |   |
| 230 | 3013 | Cavill      | Gareth    | Abbey Runners                | M55  | 0:32:35 | 20 |  |   |
| 231 | 3071 | Wray-Rogers | Luke      | Abbey Runners                | M45  | 0:32:39 | 38 |  |   |
| 232 | 3562 | Quin        | Simon     | Otley AC                     | M50  | 0:32:40 | 26 |  |   |
| 233 | 4157 | Richards    | Ben       | Wetherby Runners AC          | MSEN | 0:32:40 | 74 |  |   |
| 234 | 4096 | Patchett    | Nathaniel | Otley AC                     | M35  | 0:32:40 | 39 |  |   |
| 235 | 3169 | Isherwood   | Dave      | Chapel Allerton Runners      | M45  | 0:32:43 | 39 |  |   |
| 236 | 3683 | Patterson   | Chris     | Saltaire Striders            | M55  | 0:32:45 | 21 |  |   |
| 237 | 3549 | Hornby      | Sean      | Otley AC                     | M50  | 0:32:48 | 27 |  |   |
| 238 | 4304 | Bradley     | Mark      | Otley AC                     | M35  | 0:32:53 | 40 |  |   |
| 239 | 3708 | Ballantyne  | Matthew   | St Therasas AC               | M35  | 0:32:56 | 41 |  |   |
| 240 | 3421 | Hill        | Andy      | Kippax & District Harriers   | M55  | 0:32:59 | 22 |  |   |
| 241 | 3932 | Leslie      | Stuart    | York Knavesmire Harriers     | M40  | 0:33:01 | 29 |  |   |
| 242 | 4011 | Callan      | Jonny     | Chapel Allerton Runners      | MSEN | 0:33:02 | 75 |  |   |
| 243 | 3886 | McNicholas  | Edward    | Wetherby Runners AC          | MSEN | 0:33:03 | 76 |  |   |
| 244 | 3914 | Mc Aleavy   | Stuart    | Wharfedale Harriers          | M50  | 0:33:03 | 28 |  |   |
| 245 | 3697 | Spencer     | Tim       | Saltaire Striders            | M65  | 0:33:06 | 5  |  |   |
| 246 | 3459 | Cornforth   | Philip    | Knaresborough Striders       | M55  | 0:33:06 | 23 |  |   |
| 247 | 3637 | Macdonald   | Matthew   | Roundhay Runners             | MSEN | 0:33:10 | 77 |  |   |
| 248 | 3086 | Gascoigne   | Ryan      | Ackworth Road Runners        | MSEN | 0:33:12 | 78 |  |   |
| 249 | 3484 | Abbott      | Richard   | Nidd Valley Road Runners     | M50  | 0:33:17 | 29 |  |   |
| 250 | 4050 | Jeffer      | Nathan    | Hyde Park Harriers           | MSEN | 0:33:20 | 79 |  |   |
| 251 | 4133 | Stainthorpe | David     | Snaith & Cowick Running Club | M55  | 0:33:20 | 24 |  | Y |
| 252 | 4254 | Wood        | Tim       | Abbey Runners                | M35  | 0:33:22 | 42 |  |   |
| 253 | 3397 | Singleton   | David     | Ilkley Harriers              | M50  | 0:33:28 | 30 |  |   |
| 254 | 3272 | Douglas     | Andy      | Horsforth Harriers           | M50  | 0:33:29 | 31 |  |   |
| 255 | 3198 | Firth       | Calum     | Dragons Running Club (Leeds) | MSEN | 0:33:30 | 80 |  |   |
| 256 | 3178 | Mustufvi    | Zhain     | Chapel Allerton Runners      | M35  | 0:33:30 | 43 |  |   |
| 257 | 3569 | Lighten     | David     | Pudsey & Bramley AC          | M45  | 0:33:30 | 40 |  |   |
| 258 | 4188 | Donnelly    | Dan       | Hyde Park Harriers           | M55  | 0:33:33 | 25 |  |   |
| 259 | 4129 | Laville     | Harry     | Saltaire Striders            | MSEN | 0:33:33 | 81 |  |   |
| 260 | 3826 | Giddings    | Joel      | Valley Striders AC           | M50  | 0:33:36 | 32 |  |   |
| 261 | 3130 | Porteous    | Rob       | Bingley Harriers & AC        | M45  | 0:33:36 | 41 |  | Y |

|     |      |             |          |                                 |      |         |    |  |   |
|-----|------|-------------|----------|---------------------------------|------|---------|----|--|---|
| 262 | 3454 | Brock       | Martin   | Knaresborough Striders          | M45  | 0:33:37 | 42 |  |   |
| 263 | 3244 | Hatch       | Gary     | Harrogate Tri Club              | M60  | 0:33:38 | 6  |  |   |
| 264 | 4082 | Harris      | Andy     | Nidd Valley Road Runners        | M50  | 0:33:39 | 33 |  |   |
| 265 | 3610 | Rickerby    | Dylan    | Rothwell Harriers & AC          | M50  | 0:33:40 | 34 |  |   |
| 266 | 3172 | Jewitt      | Fred     | Chapel Allerton Runners         | MSEN | 0:33:41 | 82 |  |   |
| 267 | 3502 | Jackson     | Jon      | Nidd Valley Road Runners        | M55  | 0:33:46 | 26 |  |   |
| 268 | 3856 | Taylor      | Drew     | Valley Striders AC              | M60  | 0:33:47 | 7  |  |   |
| 269 | 3531 | Turner      | Steven   | Nidd Valley Road Runners        | M55  | 0:33:52 | 27 |  |   |
| 270 | 3124 | Bass        | Rich     | Bingley Harriers & AC           | M50  | 0:33:53 | 35 |  | Y |
| 271 | 3343 | Jackett     | Charlie  | Hyde Park Harriers              | M45  | 0:33:55 | 43 |  |   |
| 272 | 3317 | Burton      | Simon    | Hyde Park Harriers              | M35  | 0:33:56 | 44 |  |   |
| 273 | 3458 | Conkleton   | Gareth   | Knaresborough Striders          | M50  | 0:33:57 | 36 |  |   |
| 274 | 3517 | Nicholas    | Kevin    | Nidd Valley Road Runners        | M60  | 0:34:08 | 8  |  |   |
| 275 | 3737 | Harrison    | John     | St Therasas AC                  | M50  | 0:34:09 | 37 |  |   |
| 276 | 3054 | Rogerson    | Tom      | Abbey Runners                   | M45  | 0:34:11 | 44 |  |   |
| 277 | 3278 | Freeman     | Paul     | Horsforth Harriers              | M55  | 0:34:12 | 28 |  |   |
| 278 | 3125 | Coulton     | Andrew   | Bingley Harriers & AC           | M50  | 0:34:14 | 38 |  | Y |
| 279 | 3825 | Furby       | Mike     | Valley Striders AC              | M50  | 0:34:14 | 39 |  |   |
| 280 | 4089 | Read        | Carl     | Nidd Valley Road Runners        | M45  | 0:34:15 | 45 |  |   |
| 281 | 3105 | Walker      | Will     | Ackworth Road Runners           | M45  | 0:34:16 | 46 |  |   |
| 282 | 3705 | Watson      | Dean     | Savvy Park Runrz                | M40  | 0:34:18 | 30 |  | Y |
| 283 | 3816 | Cook        | Sean     | Valley Striders AC              | M40  | 0:34:18 | 31 |  |   |
| 284 | 4076 | Foley       | Daniel   | Knaresborough Striders          | M45  | 0:34:18 | 47 |  |   |
| 285 | 3798 | Middup      | Steve    | Vale of York Athletic Community | M65  | 0:34:19 | 6  |  |   |
| 286 | 4311 | Webster     | Tim      | Kingston upon Hull AC           | M50  | 0:34:20 | 40 |  | Y |
| 287 | 3461 | Edmondson   | Ewan     | Knaresborough Striders          | M60  | 0:34:20 | 9  |  |   |
| 288 | 4126 | Grace       | Edward   | Saltaire Striders               | M35  | 0:34:22 | 45 |  |   |
| 289 | 3215 | Harrison    | Matthew  | Harrogate Harriers & AC         | MSEN | 0:34:24 | 83 |  |   |
| 290 | 3599 | Duckering   | Josh     | Rothwell Harriers & AC          | MSEN | 0:34:24 | 84 |  |   |
| 291 | 3065 | Steven      | Tom      | Abbey Runners                   | M40  | 0:34:25 | 32 |  |   |
| 292 | 4268 | Evison      | Paul     | Knaresborough Striders          | M45  | 0:34:26 | 48 |  |   |
| 293 | 3848 | Parton      | Adam     | Valley Striders AC              | M55  | 0:34:27 | 29 |  |   |
| 294 | 3434 | Haggas      | Neil     | Kirkstall Harriers              | M50  | 0:34:34 | 41 |  |   |
| 295 | 4302 | Blemings    | Robert   | Horsforth Fellandale            | M35  | 0:34:35 | 46 |  |   |
| 296 | 3416 | Harding     | Andrew   | Kippax & District Harriers      | M50  | 0:34:36 | 42 |  |   |
| 297 | 3564 | Swettenham  | Andrew   | Otley AC                        | M45  | 0:34:39 | 49 |  |   |
| 298 | 3313 | Blatherwick | John     | Hyde Park Harriers              | M35  | 0:34:41 | 47 |  |   |
| 299 | 3470 | Mcnab       | Aidan    | Knaresborough Striders          | M40  | 0:34:43 | 33 |  |   |
| 300 | 3794 | Johnson     | Richard  | Vale of York Athletic Community | M40  | 0:34:44 | 34 |  |   |
| 301 | 3321 | Cartwright  | Richard  | Hyde Park Harriers              | M40  | 0:34:47 | 35 |  |   |
| 302 | 3113 | Gatenby     | Robert   | Airecentre Pacers               | M45  | 0:34:49 | 50 |  |   |
| 303 | 3921 | Schofield   | Jason    | Wharfedale Harriers             | M55  | 0:34:51 | 30 |  |   |
| 304 | 3097 | Smith       | Andy     | Ackworth Road Runners           | M50  | 0:34:52 | 43 |  |   |
| 305 | 3496 | Evans       | Richard  | Nidd Valley Road Runners        | M60  | 0:34:58 | 10 |  |   |
| 306 | 3187 | Sellman     | Richard  | Chapel Allerton Runners         | M45  | 0:35:05 | 51 |  |   |
| 307 | 3400 | White       | Geoffrey | Ilkley Harriers                 | M40  | 0:35:08 | 36 |  |   |
| 308 | 3519 | Patel       | Girish   | Nidd Valley Road Runners        | M55  | 0:35:09 | 31 |  |   |
| 309 | 4316 | Saddler     | Liam     | Ackworth Road Runners           | M35  | 0:35:13 | 48 |  |   |
| 310 | 4002 | Hughes      | David    | Ackworth Road Runners           | M45  | 0:35:13 | 52 |  |   |
| 311 | 3854 | Slater      | James    | Valley Striders AC              | M50  | 0:35:19 | 44 |  |   |
| 312 | 4314 | Fletcher    | Lee      | Otley AC                        | M50  | 0:35:28 | 45 |  |   |
| 313 | 3213 | Gill        | Michael  | Harrogate Harriers & AC         | M55  | 0:35:31 | 32 |  |   |
| 314 | 3408 | Davy        | Alan     | Kippax & District Harriers      | M45  | 0:35:31 | 53 |  |   |

|     |      |              |         |                                 |      |         |    |   |   |
|-----|------|--------------|---------|---------------------------------|------|---------|----|---|---|
| 315 | 3849 | Pawley       | Graham  | Valley Striders AC              | M55  | 0:35:33 | 33 |   |   |
| 316 | 3869 | Callaghan    | Peter   | Wetherby Runners AC             | M60  | 0:35:34 | 11 |   |   |
| 317 | 4283 | Huggins      | Roy     | Valley Striders AC              | M60  | 0:35:36 | 12 |   |   |
| 318 | 3460 | Dobinson     | Derek   | Knaresborough Striders          | M45  | 0:35:37 | 54 |   |   |
| 319 | 3961 | Summerson    | George  | York Postal Harriers            | M40  | 0:35:38 | 37 |   |   |
| 320 | 3051 | Richards     | Jon     | Abbey Runners                   | M45  | 0:35:38 | 55 |   |   |
| 321 | 3003 | Armer        | Carrick | Abbey Runners                   | M40  | 0:35:38 | 38 |   |   |
| 322 | 3356 | Longmate     | Kevin   | Hyde Park Harriers              | M35  | 0:35:39 | 49 |   |   |
| 323 | 4265 | Ramsden      | Paul    | Hyde Park Harriers              | M50  | 0:35:42 | 46 |   |   |
| 324 | 3572 | Shamim       | Salman  | Pudsey & Bramley AC             | M50  | 0:35:45 | 47 |   |   |
| 325 | 3036 | Morimoto     | Kazuki  | Abbey Runners                   | M55  | 0:35:47 | 34 |   |   |
| 326 | 4111 | Cobb         | Chris   | Roundhay Runners                | M40  | 0:35:47 | 39 |   |   |
| 327 | 3703 | Hendy        | Mark    | Savvy Park Runrz                | M40  | 0:35:51 | 40 |   | Y |
| 328 | 3601 | Gregory      | Mark    | Rothwell Harriers & AC          | M60  | 0:35:56 | 13 | Y |   |
| 329 | 3477 | Tattersall   | Andrew  | Knaresborough Striders          | M60  | 0:35:57 | 14 |   |   |
| 330 | 3494 | Crebbin      | Nick    | Nidd Valley Road Runners        | M50  | 0:35:58 | 48 |   |   |
| 331 | 3643 | Page         | Mick    | Roundhay Runners                | M70  | 0:36:01 | 1  | Y |   |
| 332 | 3137 | Miran        | Sohail  | Bradford Airedale AC            | M50  | 0:36:02 | 49 |   |   |
| 333 | 3861 | Wallace      | John    | Valley Striders AC              | M55  | 0:36:05 | 35 |   |   |
| 334 | 3134 | Dignam       | Andrew  | Bradford Airedale AC            | M40  | 0:36:10 | 41 |   |   |
| 335 | 3347 | Jones        | Chris   | Hyde Park Harriers              | M65  | 0:36:12 | 7  |   |   |
| 336 | 3465 | Ford         | Sam     | Knaresborough Striders          | MSEN | 0:36:23 | 85 |   |   |
| 337 | 3280 | Goulden      | Aiden   | Horsforth Harriers              | MSEN | 0:36:24 | 86 |   |   |
| 338 | 3649 | Saffin       | Leo     | Roundhay Runners                | MSEN | 0:36:25 | 87 |   |   |
| 339 | 3882 | Legg         | Ian     | Wetherby Runners AC             | M60  | 0:36:30 | 15 |   |   |
| 340 | 3173 | Kendell      | John    | Chapel Allerton Runners         | M45  | 0:36:30 | 56 |   |   |
| 341 | 3807 | Wigglesworth | Daniel  | Vale of York Athletic Community | M40  | 0:36:32 | 42 |   |   |
| 342 | 4270 | Mitchell     | Ian     | Knaresborough Striders          | M60  | 0:36:34 | 16 |   |   |
| 343 | 3809 | Adcock       | Richard | Valley Striders AC              | M55  | 0:36:35 | 36 |   |   |
| 344 | 3615 | Ward         | Roger   | Rothwell Harriers & AC          | M65  | 0:36:37 | 8  |   |   |
| 345 | 3551 | Jeffrey      | Michael | Otley AC                        | M70  | 0:36:41 | 2  |   |   |
| 346 | 3928 | Wills        | Robert  | Wharfedale Harriers             | M45  | 0:36:47 | 57 |   |   |
| 347 | 3009 | Balkwill     | James   | Abbey Runners                   | M55  | 0:36:48 | 37 |   |   |
| 348 | 4269 | Kirk         | Stephen | Knaresborough Striders          | M50  | 0:36:56 | 50 |   |   |
| 349 | 4114 | Elliott      | John    | Roundhay Runners                | M65  | 0:36:56 | 9  |   |   |
| 350 | 4131 | Winterbottom | Joshua  | Saltaire Striders               | MSEN | 0:37:02 | 88 |   |   |
| 351 | 3201 | Porter       | Craig   | Dragons Running Club (Leeds)    | M55  | 0:37:05 | 38 |   |   |
| 352 | 3010 | Bastin       | Tony    | Abbey Runners                   | M60  | 0:37:05 | 17 |   |   |
| 353 | 3586 | Rogers       | Brian   | Ripon Runners                   | M70  | 0:37:08 | 3  | Y |   |
| 354 | 3963 | Whitby       | Mark    | York Postal Harriers            | M60  | 0:37:09 | 18 |   |   |
| 355 | 3456 | Clarke       | Andy    | Knaresborough Striders          | M50  | 0:37:09 | 51 |   |   |
| 356 | 3679 | Mosedale     | Tim     | Saltaire Striders               | M45  | 0:37:13 | 58 |   |   |
| 357 | 3453 | Brennan      | Sean    | Knaresborough Striders          | M55  | 0:37:18 | 39 |   |   |
| 358 | 4285 | Sutton       | Leroy   | Valley Striders AC              | M65  | 0:37:26 | 10 |   |   |
| 359 | 3707 | Pratt        | Steve   | Snaith & Cowick Running Club    | M50  | 0:37:30 | 52 |   | Y |
| 360 | 3302 | Vojvodic     | Pete    | Horsforth Harriers              | M65  | 0:37:30 | 11 | Y |   |
| 361 | 3413 | Follows      | Jude    | Kippax & District Harriers      | MSEN | 0:37:36 | 89 |   |   |
| 362 | 3785 | Bromley      | Richard | Vale of York Athletic Community | M55  | 0:37:37 | 40 |   |   |
| 363 | 3758 | Ramsden      | Peter   | St Therasas AC                  | M70  | 0:37:49 | 4  |   |   |
| 364 | 3398 | Travis       | Alan    | Ilkley Harriers                 | M45  | 0:37:55 | 59 |   |   |
| 365 | 4237 | Davey        | James   | Ackworth Road Runners           | M45  | 0:38:00 | 60 |   |   |
| 366 | 3153 | Crosby       | Ben     | Chapel Allerton Runners         | M50  | 0:38:03 | 53 |   |   |
| 367 | 3590 | Tinsley      | Graham  | Ripon Runners                   | M60  | 0:38:09 | 19 |   |   |

|     |      |             |               |                                 |      |         |    |   |   |
|-----|------|-------------|---------------|---------------------------------|------|---------|----|---|---|
| 368 | 3592 | Warner      | Ady           | Ripon Runners                   | M50  | 0:38:09 | 54 |   |   |
| 369 | 3587 | Skinner     | John          | Ripon Runners                   | M60  | 0:38:09 | 20 |   |   |
| 370 | 3701 | Bell        | Nick          | Savvy Park Runrz                | M65  | 0:38:12 | 12 |   | Y |
| 371 | 4287 | Robinson    | Mark          | Vegan Runners UK                | M45  | 0:38:13 | 61 |   | Y |
| 372 | 3222 | Murphy      | Kevin-Malachy | Harrogate Harriers & AC         | M65  | 0:38:17 | 13 |   |   |
| 373 | 4025 | Askew       | David         | Harrogate Harriers & AC         | M60  | 0:38:18 | 21 |   |   |
| 374 | 4145 | Bumstead    | Robert        | Valley Striders AC              | M55  | 0:38:18 | 41 |   |   |
| 375 | 3651 | Twitchett   | Mark          | Roundhay Runners                | M50  | 0:38:20 | 55 |   |   |
| 376 | 3771 | Mcnicholas  | Vincent       | Tadcaster Harriers              | M60  | 0:38:21 | 22 |   | Y |
| 377 | 3291 | Mccleave    | Martin        | Horsforth Harriers              | M55  | 0:38:23 | 42 |   |   |
| 378 | 4124 | Turner      | Jonathan      | Roundhay Runners                | M55  | 0:38:23 | 43 |   |   |
| 379 | 3337 | Holohan     | Raymond       | Hyde Park Harriers              | M50  | 0:38:25 | 56 |   |   |
| 380 | 3380 | Worfolk     | Chris         | Hyde Park Harriers              | M35  | 0:38:25 | 50 |   |   |
| 381 | 3282 | Griffiths   | Ian           | Horsforth Harriers              | M45  | 0:38:26 | 62 |   |   |
| 382 | 3159 | Gibson      | Paul          | Chapel Allerton Runners         | M65  | 0:38:31 | 14 |   |   |
| 383 | 3352 | Kidner      | Ralph         | Hyde Park Harriers              | M70  | 0:38:32 | 5  |   |   |
| 384 | 3983 | Souch       | Iain          | York Triathlon Club             | M55  | 0:38:34 | 44 |   |   |
| 385 | 3029 | Kent        | Craig         | Abbey Runners                   | M35  | 0:38:37 | 51 |   |   |
| 386 | 4230 | Mitchell    | Richard       | York Triathlon Club             | M35  | 0:38:40 | 52 |   |   |
| 387 | 3199 | Harrison    | Robert        | Dragons Running Club (Leeds)    | M55  | 0:38:50 | 45 |   |   |
| 388 | 3623 | Common      | Paul          | Roundhay Runners                | M60  | 0:38:58 | 23 |   |   |
| 389 | 3154 | Cuthbertson | Nic           | Chapel Allerton Runners         | M60  | 0:38:58 | 24 |   |   |
| 390 | 3652 | Walker      | John          | Roundhay Runners                | M65  | 0:38:59 | 15 | Y |   |
| 391 | 3964 | Withill     | Sean          | York Postal Harriers            | M60  | 0:39:03 | 25 |   |   |
| 392 | 3319 | Butler      | Robert        | Hyde Park Harriers              | M45  | 0:39:04 | 63 |   |   |
| 393 | 3931 | Estienne    | Mark          | York Acorn Running Club         | M55  | 0:39:12 | 46 |   | Y |
| 394 | 4037 | Short       | Marc          | Horsforth Fellandale            | M45  | 0:39:13 | 64 |   |   |
| 395 | 3795 | Leadbeater  | James         | Vale of York Athletic Community | M40  | 0:39:23 | 43 |   |   |
| 396 | 3768 | Estienne    | Kyle          | Tadcaster Harriers              | MSEN | 0:39:35 | 90 |   | Y |
| 397 | 4058 | Tarbit      | James         | Hyde Park Harriers              | M40  | 0:39:35 | 44 |   |   |
| 398 | 3632 | Hodge       | Tony          | Roundhay Runners                | M50  | 0:39:36 | 57 |   |   |
| 399 | 3511 | Manning     | Paul          | Nidd Valley Road Runners        | M55  | 0:39:39 | 47 |   |   |
| 400 | 3812 | Brewster    | Keith         | Valley Striders AC              | M70  | 0:39:44 | 6  |   |   |
| 401 | 4072 | Walker      | Adam          | Kippax & District Harriers      | M50  | 0:39:49 | 58 |   |   |
| 402 | 3841 | Mace        | Andrew        | Valley Striders AC              | M55  | 0:39:49 | 48 |   |   |
| 403 | 3312 | Beswick     | Alan          | Hyde Park Harriers              | M60  | 0:40:11 | 26 |   |   |
| 404 | 4295 | Underwood   | James         | Hyde Park Harriers              | M35  | 0:40:25 | 53 |   | Y |
| 405 | 4207 | Bowman      | Geoff         | Roundhay Runners                | M60  | 0:40:27 | 27 |   |   |
| 406 | 3061 | Sleigh      | Ian           | Abbey Runners                   | M60  | 0:40:28 | 28 |   |   |
| 407 | 3410 | Durkin      | Paul          | Kippax & District Harriers      | M60  | 0:40:59 | 29 |   |   |
| 408 | 4164 | Dempsey     | Jonathan      | Kippax & District Harriers      | M35  | 0:41:02 | 54 |   |   |
| 409 | 4174 | Bapty       | Paul          | Bradford Airedale AC            | M50  | 0:41:08 | 59 |   |   |
| 410 | 3469 | Marshall    | Guy           | Knaresborough Striders          | M60  | 0:41:19 | 30 |   |   |
| 411 | 3331 | Edwards     | Richard       | Hyde Park Harriers              | M45  | 0:41:21 | 65 |   |   |
| 412 | 3240 | Dunn        | Paul          | Harrogate Tri Club              | M40  | 0:41:24 | 45 |   |   |
| 413 | 3692 | Sharp       | Jonathan      | Saltaire Striders               | M55  | 0:41:30 | 49 |   |   |
| 414 | 3561 | Podd        | Matt          | Otley AC                        | M65  | 0:41:38 | 16 |   |   |
| 415 | 3871 | Crosby      | David         | Wetherby Runners AC             | M60  | 0:41:59 | 31 |   |   |
| 416 | 3011 | Blinston    | Peter         | Abbey Runners                   | M55  | 0:42:07 | 50 |   |   |
| 417 | 3042 | Patchett    | Ian           | Abbey Runners                   | M60  | 0:42:10 | 32 |   |   |
| 418 | 4085 | Lucock      | Matthew       | Nidd Valley Road Runners        | M35  | 0:42:19 | 55 |   |   |
| 419 | 3550 | Jeffrey     | Howard        | Otley AC                        | M70  | 0:42:24 | 7  |   |   |
| 420 | 3191 | Sutcliffe   | Adam          | Chapel Allerton Runners         | M50  | 0:42:38 | 60 |   |   |

|     |      |             |         |                                 |     |         |    |  |   |
|-----|------|-------------|---------|---------------------------------|-----|---------|----|--|---|
| 421 | 3831 | Hussey      | John    | Valley Striders AC              | M75 | 0:42:44 | 1  |  |   |
| 422 | 3527 | Smith       | Nick    | Nidd Valley Road Runners        | M65 | 0:42:49 | 17 |  |   |
| 423 | 3261 | Prendergast | Carl    | Horsforth Fellandale            | M75 | 0:42:58 | 2  |  |   |
| 424 | 3699 | Storey      | Ian     | Saltaire Striders               | M50 | 0:43:19 | 61 |  |   |
| 425 | 3209 | Berwin      | Paul    | Harrogate Harriers & AC         | M65 | 0:43:27 | 18 |  |   |
| 426 | 3064 | Smith       | Guy     | Abbey Runners                   | M65 | 0:43:28 | 19 |  |   |
| 427 | 3132 | Binns       | Richard | Bradford Airedale AC            | M55 | 0:43:32 | 51 |  |   |
| 428 | 4284 | Sawyer      | Chris   | Valley Striders AC              | M65 | 0:43:38 | 20 |  |   |
| 429 | 3384 | Chappell    | Philip  | Ilkley Harriers                 | M60 | 0:43:48 | 33 |  |   |
| 430 | 3702 | Child       | Michael | Savvy Park Runrz                | M65 | 0:43:50 | 21 |  | Y |
| 431 | 3656 | Ball        | Steven  | Saltaire Striders               | M45 | 0:44:33 | 66 |  |   |
| 432 | 3696 | Size        | Andrew  | Saltaire Striders               | M50 | 0:44:54 | 62 |  |   |
| 433 | 3366 | Pullan      | Richard | Hyde Park Harriers              | M65 | 0:45:46 | 22 |  |   |
| 434 | 3471 | Morley      | Eric    | Knaresborough Striders          | M70 | 0:46:07 | 8  |  |   |
| 435 | 3832 | Jackson     | Bob     | Valley Striders AC              | M70 | 0:47:13 | 9  |  |   |
| 436 | 3695 | Silva       | Mervyn  | Saltaire Striders               | M70 | 0:47:28 | 10 |  |   |
| 437 | 3678 | Mckenna     | Iain    | Saltaire Striders               | M45 | 0:48:15 | 67 |  |   |
| 438 | 3147 | Bellbrough  | Matt    | Chapel Allerton Runners         | M35 | 0:48:22 | 56 |  |   |
| 439 | 4039 | Dinsdale    | Mark    | Horsforth Harriers              | M55 | 0:48:23 | 52 |  |   |
| 440 | 3925 | Thompson    | Geoff   | Wharfedale Harriers             | M65 | 0:49:00 | 23 |  |   |
| 441 | 3638 | Moore       | Colin   | Roundhay Runners                | M70 | 0:49:00 | 11 |  |   |
| 442 | 3149 | Bernardo Jr | Carlos  | Chapel Allerton Runners         | M40 | 0:49:40 | 46 |  |   |
| 443 | 3258 | Metcalfe    | Daniel  | Horsforth Fellandale            | M45 | 0:49:47 | 68 |  |   |
| 444 | 3524 | Seaman      | Dave    | Nidd Valley Road Runners        | M75 | 0:51:19 | 3  |  |   |
| 445 | 3481 | Waistell    | Alan    | Leeds & Bradford Triathlon Club | M60 | 0:54:24 | 34 |  | Y |
| 446 | 4204 | Weeks       | Martin  | Nidd Valley Road Runners        | M75 | 0:59:13 | 4  |  |   |
| 447 | 3544 | Cardinale   | Antonio | Otley AC                        | M75 | 1:09:25 | 5  |  |   |